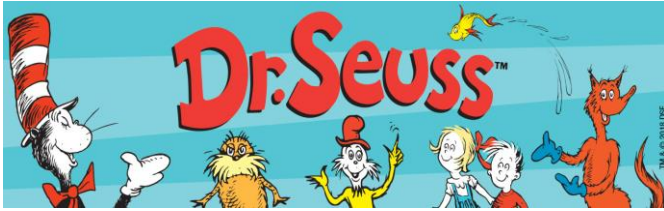




## March 2020 Food Services News



### MENU CHAT



National School Breakfast Week

**March 2<sup>nd</sup>-6<sup>th</sup> is National School Breakfast Week!**

Busy weekday mornings make it a challenge for many families to find time for a healthy breakfast. However, US Department of Agriculture data show that more and more students are starting their day with a nutritious breakfast in their school cafeterias. Ask your student how their breakfast was during National School Breakfast Week!

### MARCH MENU HIGHLIGHTS

**March 2<sup>nd</sup>- 4<sup>th</sup>** – National School Breakfast Week featuring a breakfast-for-lunch option

**March 2<sup>nd</sup>** - Dr. Seuss' Birthday Celebration with lunchtime favorites

**March 9<sup>th</sup>** - National Meatball Day! Pasta and meatballs!


**March 10<sup>th</sup>** - **NEW!** Grilled Chicken Breast Sandwich

**March 13<sup>th</sup>** - Fun Friday's whole-grain Baked Donut Holes with lunch!

**March 17<sup>th</sup>** - St. Patrick's Day fun! Order a Shamrock smoothie, yogurt, strawberry & apple

**March 18<sup>th</sup>** - **NEW!** Baked Cheese Ravioli

**March 20<sup>th</sup>** - Fun Friday! Low-fat, Chocolate Pudding Cup

**March 26<sup>th</sup>** – Opening Day Celebration 

**March 27<sup>th</sup>** – Breakfast for lunch - Fun Friday Slushie Cup Day!

### PARENT TEACHER CONFERENCES

We look forward to seeing you at the **Parent Teacher Conferences this March 5<sup>th</sup> and 6<sup>th</sup>!**

Stop by the Aramark table to grab a taste- test of some of the NEW offerings your student/s have had this year! Ask us any questions that you may have about the nutritious offerings we serve daily!

### ELEMENTARY SIDES CART

**This month we are featuring Steeple Run Elementary's sides cart packed with a variety of fruits and vegetables available each day!**



### TOP 4 BREAKFAST BENEFITS FOR YOUR STUDENT

1. Reach higher levels of achievement in math
2. Score higher on standardized tests
3. Have better concentration, memory and alertness
4. Have improved attendance, behavior, and academic performance

